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Club Development E-Newsletter Edition II – September 2005



Congratulations to Balcatta Volleyball Club (WA) Winners of August's Madison Sport prize draw

As winners of the prize draw the Balcatta Volleyball Club will receive \$500 worth of volleyball equipment from Madison Sport and the Australian Volleyball Federation.

Other winners in August were:

- Latrobe Valley Volleyball Assn. (VIC) - \$200 worth of volleyball equipment
- University of Western Australia Volleyball Club (WA) - \$100 worth of volleyball equipment
- Mandurah Volleyball Assn. (WA) - \$100 worth of volleyball equipment
- Dubbo Volleyball Assn. (NSW) - \$100 worth of volleyball equipment

For information about how to be in the next prize draw (November) to win a share of \$1,000 worth of volleyball equipment from Madison Sport and the Australian Volleyball Federation for your club, association or school please view the information below.

Introduction

Welcome to the second edition of the AVF Club Development E-Newsletter. Based on the responses received to the first edition it is clear that the information contained is of benefit and the opportunity to win volleyball equipment is certainly an added bonus.

Included in this edition are:

- Last chance to enter the Sportscover Sponsorship Fund promotion;
- Club Initiatives – an article from Sydney University Volleyball Club;
- Funding opportunity: 2006 Sport Leadership Grants for Women;
- The latest edition of ASC Club Development E-News;
- Your Questions: What are the benefits of coach and referee training programs to Clubs and their members?
- The opportunity to win a share of \$1000 worth of volleyball equipment from Madison Sport

It is appropriate to point out that often the term "Club" is used in a generic context to mean clubs, associations and schools. If you are delivering the sport of volleyball in an organised format and have teams affiliated to your "Club" then the material presented in this e-newsletter is of relevance to you.

AVF Website – Where To Play

Thank you to those Clubs that submitted a completed questionnaire about their Club and the opportunities available to the public through your Club. The AVF has loaded this information to its website in the new 'Where To Play' section. Please check the content of your page and confirm that the information is correct and current (Worth 2 entries in this quarter's Madison Sport prize draw).

For those Clubs that have yet to submit a questionnaire it is asked that this information be provided to enable the AVF and its Member States to be better placed to direct interested members of the public to your Club if one of the numerous inquiries received each week is from someone residing in the vicinity of your Club. The questionnaire can be downloaded at:

www.avf.org.au/avfclub/AA/2004/WhereToPlayQuestionnaire.doc

Please return your completed form as an attachment to an email and send to info@avf.org.au as soon as possible. Information will begin to be loaded to the AVF website as it is received. (Worth 2 entries in this quarter's Madison Sport Prize Draw and must be completed to validate any other entries)

Australian Sports Commission
CLUB DEVELOPMENT NETWORK
1300 130 121
www.ausport.gov.au/clubs

Club Development E-News: September 2005

At least once every three months the Australian Sport's Commission releases its own Club Development E-News.

The September 2005 edition of Club Development E-News contains:

- Competition: win \$500 worth of sports equipment
- Club profile: Kendall Tennis Club
- Resource library: skills register
- Schools to club links: reaching out to schools
- Open minds to open doors
- Funding for club enhancement: 2006 Sport Leadership Grants for Women

To access the E-News, click on the link below:

www.ausport.gov.au/clubs/members/enews/index.asp

While there, also check out the July 2005 edition which contains:

- Competition — Win \$750 towards a training camp at the Australian Institute of Sport
- Club profile — Kurrawa Surf Life Saving Club
- Resource library article — Play by the Rules
- Ausport Award finalist: Bribie Island and Districts Junior Rugby League Club
- Membership cards for your club: Have you received yours? Club profile: Kendall Tennis Club

Sportscover Sponsorship Fund

November 11th is the last chance to enter the Sportscover Sponsorship Fund competition and win one of the five remaining \$1,000 grants being provided to amateur sporting clubs and associations throughout Australia. Additional information, including an application form for the SSF, is available from www.sportscover.com/sponsorship.html or by contacting Sportscover directly on (03) 9721 4700.

Club Initiatives

Each edition of this newsletter wishes to present successful initiatives submitted by Clubs throughout Australia that have been successful for them and may be of interest to other Clubs. Appropriate initiatives for inclusion in this newsletter are anything that resulted in benefits for the Club. The benefits could be improved management and administration, increased membership, greater public profile, improved participation opportunities, etc. If your Club has something that it believes would be beneficial for other Clubs to read about then please submit your article to info@avf.org.au. Each article submitted earns your Club five entries into the quarterly Madison Sport prize draw.



Sydney University Lions Cup

Sydney University and indoor volleyball fans did a cartwheel following the inaugural Sydney University Lions Cup held in April at Sydney Olympic Park.

Sydney University, the event organisers, successfully managed the double header which was open to the public. Over fifty athletes and coaching staff attended the elite indoor volleyball tournament which saw Sydney University take on the University of Technology Sydney (UTS) in the women's match and Sydney University clash with rival club the Sydney Cedars in the men's match.

The Sydney University Lions Cup was one of the first honours-class events of the 2005 indoor volleyball calendar. The event promoted as the indoor volleyball event of the year lived up to its expectations and drew a total of 120 spectators through the doors to watch these exhilarating matches. With apologies from Kerri Pottharst and Julien Prosser, the event was attended by a range of corporate sponsors

In what was a replay of the 2004 State Volleyball League (SVL) grand final matches, the State's top representative volleyball teams featuring Sydney's elite athletes competed at the 2005 Sydney University Lions Cup. Both matches were characterised by hard fought long rallies and skilful attacking play. The Sydney University teams, who placed 1st (women) and 2nd (men) in the 2004 SVL, showed that they are again competitive this year, making UTS and Sydney Cedars work hard for their victories. The UTS women displayed greater mental fitness at the end of their long game to comfortably take the 5th set 15-4. The men were also competitive until half way through the 4th when they lost their stamina for the fight and the Cedars were able to close out the match.

The prestigious cups were donated by the Sydney Cedars.

In both cases Sydney University came off second best but topped the night as being responsible for hosting a hugely successful event, buzzing with entertainment and setting the scene for Sydney University's next instalment, the 2006 elite tournament where there are plans to increase the event scope to include international teams.

Sydney University Volleyball has undertaken the planning and management of the indoor volleyball event on behalf of Sydney University and with the support of State Volleyball NSW. Planning for the event commenced 18 months prior to the event with the bulk of the workload carried out over the final 3 months processing entries, taking participant enquiries and finalising the detailed operations plans required to run an event of this scale.

RESULTS

Women - UTS def Sydney Uni 3-2 (20-25, 25-16, 28-26, 19-25, 15-4)

Men - Sydney Cedars def Sydney Uni 3-1 (29-27, 25-21, 31-33, 25-17)

2006 Sport Leadership Grants For Women

The Australian Sports Commission and the Australian Government Office for Women invite applications for the 2006 Sport Leadership Grants for Women. The program is aimed at providing women with an opportunity to undertake certified sport leadership training. This program builds on the grants program offered in the previous 3 years, open to all women in sport, while maintaining a commitment to women in rural and remote communities.

The 2006 Sport Leadership Grants for Women offers grants in five key categories:

- High Performance coaching and officiating
- Women in general sport leadership
- Women in disability sport
- Indigenous women
- Women from culturally and linguistically diverse backgrounds

Each category includes the following project areas:

- Coaching
- Officiating
- Management (including administration)
- Governance (board and committees)

The Program provides successful applicants with a one-off grant of up to \$5,000 for individuals (applications must be through an incorporated organisation) and up to \$10,000 for incorporated organisations. If your club is not an incorporated organisation, please contact your State Volleyball Organisation or the Australian Volleyball Federation to support your application

For grant application forms and guidelines please go to: www.ausport.gov.au/women/grants.asp. Applications for the grants close on Friday 28 October 2005.

Australian Sports Commission
CLUB DEVELOPMENT NETWORK
1300 130 121
www.ausport.gov.au/clubs

The Club Development Network is a free, Web based program that supports the development and management capacity of sporting clubs.

The aim of the Network is to assist clubs across Australia to identify ways in which they can develop their clubs so they can provide the best possible service to their members. The principle upon which the network has been established is one of promoting continuous improvement. To be a successful, well-run club you need a clear understanding of leadership, planning, people and organisational performance while maintaining a strong member focus. These areas are emphasised in the Club Development Network.

By developing and promoting products and services from the ASC, National Sporting Organisations (NSOs), and other groups, clubs can improve their management.

On becoming involved in the Network, a club/association undertakes an internal review using a simple checklist. The checklist helps to identify how the club is performing in various aspects of its management and operation. In doing so it identifies a number of areas for improvement and develops an action plan for addressing those areas. From here the club can access the Resource Library which has a wealth of club friendly resources to help the club address its agreed actions. Members have asked for examples they could print off and use at their next committee meeting. Resources range from a template for a strategic plan through to a fact sheet on how to run a safe sausage sizzle. It is all there waiting for you to log on and print it off.

Over six thousand clubs are already members of the Network and your club can join by logging onto www.ausport.gov.au/clubs and then clicking on free membership.

Your Questions

In an effort to support Clubs the 'Your Questions' section of this newsletter will provide answers from the Australian Volleyball Federation to questions submitted by Clubs. If your Club has a question relevant to Clubs that it would like to have answered in this newsletter please submit your questions to info@avf.org.au. Each question submitted earns one additional entry into the quarterly Madison Sport prize draw.

What are the benefits to Clubs for members to participate in State-run Referee and Coach Education Training Programs? (Question submitted by Sydney University Volleyball)

The Australian Volleyball Federation currently has a number of referee and coach training programs that are endorsed by the Australian Sports Commission and delivered nationally by its affiliated member States. The specific training programs that are currently available are:

- NOAS Level 1 Volleyball Referee Training Program
- NOAS Level 2 Volleyball Referee Training Program
- NOAS Level 1 Beach Volleyball Referee Training Program
- NOAS Level 2 Beach Volleyball Referee Training Program
- NCAS Level 1 Volleyball / Beach Volleyball Coach Training Program
- NCAS Level 2 Volleyball / Beach Volleyball Coach Training Program

Each of these training programs involves attendance at a theoretical course and then completion of practical activities post-course.

The benefits to Clubs include up-skilling of club personnel, the delivery of higher quality participation opportunities and increased risk management.

Clubs need to be able to provide quality participation opportunities to their members and this clearly requires suitably knowledgeable coaches taking responsibility for a club's various teams and the development of players. Studies show that the provision of quality coaching is critical to long-term participation in a sport. In combination with knowledge attained through other experiences such as their own playing experiences and observing the sport and other coaches in action, attaining a coach education qualification provides a formal foundation for coaching. Given that the two coach training programs on offer are delivered by experienced coaches at State and/or National level who have experienced success in high level competitions in Australia and overseas, they certainly have considerable knowledge to impart.

Similarly, the development of referees plays a role in the provision of quality participation opportunities. Participants are entitled to having their matches officiated to an expected standard and using referees that have completed the prescribed training programs will generally achieve this outcome. Also, players are known to enjoy their participation to a greater level if they themselves have a full understanding of the rules and are therefore not frustrated by rule interpretations that they are not familiar with, but which are actually correct decisions by referees.

A further benefit of obtaining AVF coach and referee accreditations is good practice from a risk management perspective. A component of all six training programs is the general principles of either coaching or refereeing and this knowledge will aid in the identification of potential risks and addressing these risks to provide a safer environment for participants. Further to this, all individuals that attain any of these accreditations are covered for a subsequent four year period by the AVF's national insurance policy in their activities as a coach and/or referee. In today's litigious society, this insurance cover offers peace of mind for Clubs and individuals that they have this security when conducting standard volleyball activities. Individuals that do not hold these accreditations and Clubs that utilise these individuals as coaches and/or referees could find themselves 'out of pocket' for being negligent in the delivery of programs if a participant is injured.

The final reason why Clubs would encourage their members to engage in these training programs is reflective of the responsibility of Clubs to provide complete opportunities to their members to be involved in the sport and this includes the opportunity to be a coach and/or referee.



Win a share of \$1000 worth of volleyball equipment for your club, association or school

To encourage clubs, associations and schools to engage in the initiatives identified each quarter in this e-newsletter, the Australian Volleyball Federation, in association with Madison Sport, presents clubs, associations and schools with the opportunity to win a share of \$1,000 worth of volleyball equipment. Each quarter a series of tasks will be presented, with the completion of each task worth a designated number of entries into the prize draw.

The following prizes will be drawn each quarter:

- First Prize - \$500 worth of equipment from Madison Sport**
- Second Prize - \$200 worth of equipment from Madison Sport**
- Third Prize - \$100 worth of equipment from Madison Sport**
- Fourth Prize - \$100 worth of equipment from Madison Sport**
- Fifth Prize - \$100 worth of equipment from Madison Sport**

How To Enter

This quarter clubs, associations and schools can gain entries into the prize draw via the following means:

- Complete and submit the AVF Website – Where To Play information form or confirm that the information submitted previously is still correct (value – 2 entries)
- Register with the ASC Club Development Network or be an existing member of the ASC Club Development Network (value – 1 entry)
- Submit an article for publication in a future edition of this newsletter on a successful initiative undertaken by your club, association or school for inclusion in 'Club Initiatives' in a future edition of this newsletter (value – 5 entries)
- Submit a question relating to club development to be answered in 'Your Questions' in a future edition of this newsletter (value – 1 entry)

Please note that again this quarter the AVF Website – Where To Play information form is considered a mandatory requirement for entry. If this form is not returned then 'clubs' will be awarded no entries, regardless of how many other activities are completed. Likewise, those Clubs that have previously submitted this questionnaire must confirm that the information submitted is still correct.

For entries to be validated an email must be submitted to sdm@avf.org.au. This email should identify the number of entries a club, school or association is entitled to in the upcoming prize draw. For this quarter's prize draw to gain the 2 entries associated with the AVF Website – Where to Play information form the completed form should be attached to your email and articles or questions should be included in the email to earn the associated entries.

Entries close on Wednesday, November 30th 2005, with the raffle to be drawn on Friday, December 2nd 2005 @ the Australian Volleyball Federation office. Winners will be contacted via email in the week following and will be published in the December 2005 edition of the AVF Club Development E-Newsletter.

Club & Association Development Information on the AVF Website

For further information on Club & Association Development, please visit the Club & Association Development webpage on the AVF website. The information presented provides options for accessing further assistance to benefit your 'club'. The appropriate page can be found at www.avf.org.au/avfclub/. Past editions of this newsletter can also be located in this section of the AVF website.

The Australian Volleyball Federation is supported by the following organisations:



The Australian Volleyball Federation delivers national programs in conjunction with the following affiliated Member State organisations:



If the size of this email is inconvenient for your internet download speed, let us know by sending an email to info@avf.org.au and in future you will simply be sent details of a web link where this e-newsletter can be viewed. Please specify the name of your 'club' and the state in which you are located.

If you do not wish to receive this e-newsletter in future, please send an email to info@avf.org.au specifying the name of your 'club' and the state in which you are located.